



“A MESSAGE FROM OUR PRINCIPAL

Dear Families,

This week, our school community came together to focus on mental health and wellbeing, and it has been wonderful to see the enthusiasm and engagement from students across all year groups. Many students and staff wore green on Friday to show their support and raise awareness of the importance of wellbeing, kindness, and looking after one another.

Throughout the week, classes took part in a range of thoughtful and creative activities. We have had students describing their heroes and people who inspire them, writing kindness letters and positive messages, participating in yoga and mindfulness sessions, and even one talented student teaching her friends how to crochet! It has been a lovely reminder that wellbeing can be nurtured in many different ways through creativity, connection, and community.

Our school counsellor, Ms Dhiya, has also been leading sessions on “Filling Someone’s Cup with Kindness”, encouraging students to reflect on how their words and actions can positively impact others. These moments continue to reinforce our school vision around kindness, respect, and progress.

As the weather continues to get hotter, we are encouraging families to send children to school with some board games or shared activities for indoor play during break and lunch times. Please ensure all items brought from home are clearly labelled with your child’s name and class.

We would also like to inform families that our on-site Assessment Workshop has been rescheduled to Wednesday 20th May. Further information, along with a sign-up form for interested parents, has been shared via Seesaw.

Finally, a reminder that the Eid break will begin from Monday 25th May until Sunday 31st May, with students returning to school on Monday 1st June.

Do follow our social media platforms for more school content: [Instagram](#), [Facebook](#), [YouTube](#) and [LinkedIn](#).

Thank you, as always, for your continued support and partnership. ”

Warm regards,
Mr Samuel
Principal



SAVE THE DATE



Spelling Bee Final Round: 20th - 21st May

Eid Holidays: 25th - 31st May

A WEEK OF WELLBEING AND EARLY LEARNING

This week, AESD celebrated Mental Health Awareness Week, focusing on the five areas of the Wellbeing Curriculum: Connect, Take Notice, Be Kind, Keep Learning, and Be Active. Through engaging activities and discussions, FS1 and FS2 students explored positive ways to support their own wellbeing and that of others.

In FS2, students also revised phonics sounds through blending and segmenting activities, formed simple sentences using sight words, practised number sequences from 1–20, and explored ABC patterns. In UTW, they concluded the theme “Superheroes as Community Helpers” with Career Day celebrations and began the new theme “Splash Splash” by learning about different water bodies. The week concluded with a special Mental Health Awareness Assembly, where students shared performances, artwork, speeches, and reflections celebrating positivity and wellbeing.





CURIOS MINDS AT WORK IN YEAR 1 & 2

This week, Year 1 explored the digraphs au, kn, and ue through engaging phonics activities and learned how to use the present tense in SPAG. The children enjoyed reading and discussing the inspiring story Little People, Big Dreams, which encouraged them to think about achieving their goals and believing in themselves. In Maths, they completed their learning on skip counting in 10s and were introduced to recognising equal groups through fun, hands-on activities and challenges. In Science, the children began their exciting new topic, Human Body – Amazing Body Parts, where they learned about different body parts and their importance in everyday life.



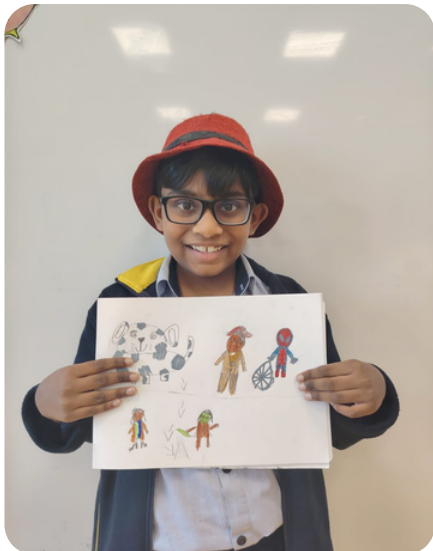
This week in Year 2, children continued developing their skills across a range of subjects. In Phonics, they explored the /u/ sound spelt with the letter “o” and practised reading and spelling words containing this sound. In English, they learned about nouns and identified naming words for people, places, animals, and things within sentences. In Maths, the focus was on pattern sequences, where children recognised, continued, and created different patterns. In Science, they planned sustainable buildings and discussed ways to make them more environmentally friendly through energy-saving and sustainable features. During Mental Health Awareness Week, children also celebrated kindness through creative art activities.



A WEEK OF DISCOVERY AND ACHIEVEMENT IN KS2

This week in KS2, pupils engaged in a range of exciting learning experiences across subjects. In English, students explored 101 Dalmatians, persuasive letter writing, sentence types, punctuation, spelling patterns, and new vocabulary to strengthen their reading, writing, and communication skills. In Maths, pupils developed their understanding of position and direction, decimals, shapes, lines, and angles through interactive activities and problem-solving tasks.

In Science, children investigated contact forces, simple circuits, mixtures and separation methods, and the impact of lifestyle choices on health. In Humanities, pupils enhanced their chronological understanding by placing important historical figures on timelines while continuing to build age-appropriate mapping skills. In Arabic, students made excellent progress in listening, speaking, reading, and writing through practising dialogue skills, grammar rules, question words, and tenses with growing confidence.





EXPLORING, LEARNING AND GROWING IN KS3

KS3 students enjoyed a variety of engaging learning experiences this term. They developed their vocabulary and communication skills, explored atoms, the periodic table, rocks, and the rock cycle, and strengthened their listening, speaking, and grammar skills through active participation. Students also applied their understanding of angles and polygons to real-life contexts while learning about digital resources, social media, and the importance of online safety.





BUILDING HEALTHY HABITS TOGETHER

Our PE classes have been filled with energy and enthusiasm as students take part in new sports, fitness challenges, and cooperative games. Physical Education gives every child the opportunity to grow, whether by mastering a new skill, supporting a teammate, or discovering a sport they truly enjoy.

We are proud of the positive attitudes, teamwork, and determination shown across all grade levels. Each day, our students demonstrate the importance of staying active, showing kindness, and remaining motivated. Together, we are building a community that values health, movement, and lifelong wellbeing.

